



## No Regrets- Week 3

**HIGH SCHOOL AND ADULT GROUP DISCUSSION QUESTIONS****GROUP PREP**

In preparation for group, [watch Emmanuel's weekend service message](#), then answer the following discussion questions.

**SOCIAL TIME (15-30 minutes)**

Have an ice-breaker ready, eat a snack together, and/or go around the circle asking your group members to share any news since your last meeting if your group is continuing from last semester. Be intentional in helping your group members get to know one another during this time and make it fun.

Ice-Breaker suggestion: Have each group member share (2 truths and a lie) about themselves. Then everyone else in the group discusses which statement they think is the lie.

**GROUP DISCUSSION QUESTIONS (45-60 minutes)**

We all have regrets in life. Regret is the feeling of sorrow or lament about something you did or did not do. Regret most significantly comes from settling. God does not call us to live a life of settlement or regret. He calls us to an abundant life not just in heaven but every day on earth too. Living the life God intends for us often calls us out of our comfort zone and requires taking a risk.

1. Bold vs. Reserved. Would you consider yourself a natural risk-taker or someone who generally plays it safe? What makes you say this?
2. Living life with safety as the priority blocks us from what God intends for us. Read [1 Samuel 14:6](#). Jonathan could have easily followed Saul's lead and chose safety. Still, he knew they needed to move forward, even if it was risky because God commanded it.

Have you ever allowed the risk of a circumstance to keep you from moving forward in faith?

What area of your life are you hesitating to take a risk and move forward in? Why do you think that is?

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3. We must have complete faith to live a life with no regrets.

Based on the example you gave in question 2, in what ways do you need to trust that God will completely provide so you can live obediently to the life He calls you to live?

4. Sometimes following God's will puts us in risky situations. How would your life look different if you developed an advance mentality and you trusted God completely?

What can you do this week to take one step towards a life modeled by an advance mindset and be bold in the life God has called you to live?

**ACTION STEP (10-15 minutes)**

Choose one of the following or create your own.

- **Meditate:** Spend intentional time with God meditating on where He may be leading you to take a risk.
- **Read a book:** Mentioned in the weekend service like [Dream Big by Bob Goff](#) or [Chasing Daylight by Erwin McManus](#).
- **Start a Bible plan to develop an advance mentality:** Consider one of the following from the YouVersion App: [Bold Leaders](#) or [Undaunted by Christine Caine](#).
- **Memorize Scripture:** Consider one of the verses mentioned in the weekend service [Joshua 1:9](#), [Acts 16:6-7](#), [1 Samuel 14:6](#).
- **Daily time with God.** Determine the type of routine you'd like to have to spend time learning about what pleases God. Here are some ways to do this:
  - o [Download the Emmanuel app](#) and read the One Year New Testament daily.
  - o [Download the YouVersion app](#) and find a devotion you can do daily. You can even decide to do one as a group to encourage one another as you do the daily readings.
  - o If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

**No Regrets- Week 3****PRAYER (5-10 minutes)**

Give everyone in your group an index card. Ask them to write their name and action step on one side and a prayer request on the other. When finished, have everyone pass their cards to the left. Everyone in the group now has someone to connect with throughout the coming week for three reasons:

- 1) To build the relationship
- 2) To encourage to accomplish their action step
- 3) To pray for in a specific way

Ask them to place the index card on their nightstand or another place that would allow them to see it and use it every day.

**GROUP SERVING OPPORTUNITIES**

**Impact Week is September 11<sup>th</sup>-15<sup>th</sup>.** This is a great opportunity to serve as a group. Service opportunities are now open on the website and can be viewed by texting SERVE to 65248 or visiting [eclife.org/impactweek](http://eclife.org/impactweek).

To determine how your group can serve together in the surrounding community, email Breanne Schafer, Emmanuel's Associate Outreach Director, at [bschafer@eclife.org](mailto:bschafer@eclife.org).

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**UPCOMING EVENTS**

September 5<sup>th</sup>| Labor Day weekend (No onsite groups or childcare at any campus)

September 7<sup>th</sup> | Worship Development

September 11<sup>th</sup>| Impact Week Begins

*You can find more information on all of these events at [eclife.org](http://eclife.org).*

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