



## HIGH SCHOOL AND ADULT GROUP DISCUSSION QUESTIONS

### **GROUP PREP**

In preparation for group, [watch Emmanuel's weekend service message](#), download the [Walk By Faith: 21-Day Devotional](#), and then answer the following discussion questions.

### **SOCIAL TIME (10-15 minutes) - For Leaders**

Have an ice-breaker ready, eat a snack together, or go around the circle asking your group members to share any news since your last meeting if your group is continuing from last semester. Be intentional in helping your group members get to know one another during this time and make it fun.

Ice Breaker Suggestion: Let's find out some interesting facts about each other by playing the age-old game of two truths and a lie. Whether you have been meeting for a while or are brand new to a group, share two interesting things about yourself and one totally made up item.

### **CHECK-IN (15-20 minutes) - For Leaders**

Ask everyone to describe how their action step went this past week. Many may have elected to do the 21-day fast and Walk By Faith Devotional. How did it go this week?

### **GROUP DISCUSSION QUESTIONS (45-60 minutes)**

2 Corinthians 5:7 states, "For we must walk by faith, not by sight." This verse declares that faith should be a guiding principle in our lives and is critical to our faith journey. We all lead busy lives, and walking by faith requires deliberate action.

1. What is on your mind most of the time? What do you worry about the most? What are you thinking about when you have free time?

Read [Philippians 3:19](#) (NLT) together. If we are honest, all of us have suffered the consequences of walking by sight or focusing on earthly things at some point. Think about the last few days. What ideas do you see in the passage that might alert you that you might be walking by sight?



## Walk By Faith – Week 2

2. On the other hand, what does it look like when we walk by faith?

Read [Matthew 6:19-20](#) (NLT). What in your life will last forever and is worth investing in right now? Make a chart like the one below and begin identifying specific investments that would be beneficial for you to make.

| What or who in my life will last forever?<br>(Example: My daughter, my wife) | What in my life will rust, fade, or disappear?<br>(Example: my truck, my salary) |
|--|--|
|  |  |

3. Walking by faith means that you are focused on the eternal impact of your own soul and on the lives of those in whom you invest. People are the only things that will last eternally. How are you living now to have a direct impact on your eternal life? How could your life benefit, both now and eternally, if you put your focus on the health of your own soul and the people in your life?

What consequences could you face if you continue to focus on the items in your list that will fade and have no eternal value?

4. Life is pretty busy for everyone, and that is unlikely to change. This week, amid a packed schedule, what specific actions can you take to prioritize the care of your own soul and those in your sphere of influence? Set an action step to help you accomplish specific goals that truly help put your focus on God and living in His kingdom.

### **ACTION STEP (10-15 minutes)**

Choose one of the following or create your own.

- **Keep** a detailed log of how you spend each hour of your day for 2-3 days this week to identify the priorities in your life.
- **Serve others.** Join the [Impact Team](#) by registering for Emmanuel's next Impact 101 on February 1.
- **Daily time with God.** Determine the type of routine you'd like to have to spend time learning about what pleases God. Here are some ways to do this:
  - o Download and participate each day in the [Walk By Faith: 21-Day Devotional](#).
  - o [Download the Emmanuel app](#) and read the One Year New Testament daily.
  - o [Download the YouVersion app](#) and find a devotion you can do daily.
  - o If you recently placed your faith in Christ and texted SAVED to 65248, and read the devotional provided in your starter kit.



## Walk By Faith – Week 2

**PRAYER (5-10 minutes)**

Give everyone in your group an index card. Ask them to write their name and action step on one side and a prayer request on the other. When finished, have everyone pass their cards to the left. Everyone in the group now has someone to connect with throughout the coming week for three reasons:

- 1) To build the relationship.
- 2) To encourage them to accomplish their action step.
- 3) To pray for them in a specific way.

Ask them to place the index card on their nightstand or another place that would allow them to see it and use it every day.

---

**GROUP SERVING OPPORTUNITIES**

To determine how your group can serve together in the surrounding community, email Breanne Schafer, Emmanuel's Outreach Coordinator, at [bschafer@eclife.org](mailto:bschafer@eclife.org).

---

**UPCOMING EVENTS**

January 21 | [The 1824](#)

February 1 | [Impact Team Night](#) (text TEAM to 65248 to register for this event)

February 6 | [Baptism Services](#)

February 14 | [VERB](#)

*Find more information on all of these events at [eclife.org](http://eclife.org).*



## MIDDLE SCHOOL OBJECT LESSON & DISCUSSION QUESTIONS

### **GROUP PREP**

In preparation for group, [watch Emmanuel's weekend service message](#), download the [Walk By Faith: 21-Day Devotional](#), and then answer the following discussion questions.

1. If we hooked your brain up to a machine that downloaded your every thought, what would we find if we read the report? What are you thinking about when you have free time?

Let's read [Philippians 3:19](#) (NLT) together. This passage talks specifically about ways to act or feelings that can come out if we are focusing on what we see instead of walking by faith. Think about the last few days. What ideas do you see in the passage that might tell you that you might be walking by sight?

### **ACTIVITY:**

#### **Materials needed:**

- Balloons (1 per student)
- Sharpie markers (1 per student)

#### **To play:**

Have each student blow up and tie off a balloon. With Sharpie markers, divide the balloon into two sections.

In section 1, write people in your life about whom you care.

In section 2, write things that you might focus on that won't last after your time on earth is done.

2. Walking by faith means that you are focused on the things that last forever. People are the only thing that will last eternally, and how you live now impacts your life forever. How could your life benefit if you focus on taking care of your own soul and investing in people around you?

What negative things could you face if you continue to focus on the items in your list that will fade and have no eternal value?

3. This week, what actions can you take to make people in your life and your own faith a priority?



## Walk By Faith – Week 2

**PRAYER (5-10 minutes)**

Give everyone in your group an index card. Ask them to write their name and action steps on one side and a prayer request on the other. When finished, have everyone pass their cards to the left. Everyone in the group now has someone to connect with throughout the coming week for three reasons:

1. To build the relationship.
2. To encourage them to accomplish their action step.
3. To pray for them in a specific way.

Ask them to place the index card on their nightstand or another place that would allow them to see it and use it every day.

---

**GROUP SERVING OPPORTUNITIES**

To determine how your group can serve together in the surrounding community, email Breanne Schafer, Emmanuel's Outreach Coordinator, at [bschafer@eclife.org](mailto:bschafer@eclife.org).

---

**UPCOMING EVENTS**

February 1 | [Impact Team Night](#) (text TEAM to 65248 to register for this event)

February 6 | [Baptism Services](#)

February 14 | [VERB](#)

*Find more information on all of these events at [eclife.org](http://eclife.org).*